



Weightlifting

48 KG WOMEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	GREGORIO, Patricia Nina	Region IX	Gold
2	LESTINO, Harriel	CAR	Silver

48 KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	GREGORIO, Patricia Nina	Region IX	Gold
2	LESTINO, Harriel	CAR	Silver

48 KG WOMEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	GREGORIO, Patricia Nina	Region IX	Gold
2	LESTINO, Harriel	CAR	Silver

53 KG WOMEN DIVISION (SNATCH)

Rank	Name of Athlete	Team	Medal
1	BISUAL, Wiljie	Region IX	Gold
2	MAOTING, Carmilyn	CAR	Silver
3	MARAGUINOT, Kimberly	Region VII	Bronze

53 KG WOMEN DIVISION (CLEAN & JERK)

Rank	Name of Athlete	Team	Medal
1	BISUAL, Wiljie	Region IX	Gold
2	MARAGUINOT, Kimberly	Region VII	Silver
3	MAOTING, Carmilyn	CAR	Bronze

53 KG WOMEN DIVISION (TOTAL)

Rank	Name of Athlete	Team	Medal
1	BISUAL, Wiljie	Region IX	Gold
2	MARAGUINOT, Kimberly	Region VII	Silver
3	MAOTING, Carmilyn	CAR	Bronze

  
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**Weightlifting**

**58 KG WOMEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	PANTAJO, Nelgen	Region IX	Gold
2	DANGPAS, Menchie	CAR	Silver

**58 KG WOMEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	PANTAJO, Nelgen	Region IX	Gold
2	DANGPAS, Menchie	CAR	Silver

**58 KG WOMEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	PANTAJO, Nelgen	Region IX	Gold
2	DANGPAS, Menchie	CAR	Silver

**56 KG MEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	GARCIA, Rowel	Region IX	Gold
2	DUMANIA, Arnold	Region IX	Silver
3	INDANAN, Aldazher	Region IX	Bronze
4	CONA, Jevie	Region VII	

**56 KG MEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	GARCIA, Rowel	Region IX	Gold
2	DUMANIA, Arnold	Region IX	Silver
3	INDANAN, Aldazher	Region IX	Bronze
4	CONA, Jevie	Region VII	

**56 KG MEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	GARCIA, Rowel	Region IX	Gold
2	DUMANIA, Arnold	Region IX	Silver
3	INDANAN, Aldazher	Region IX	Bronze
4	CONA, Jevie	Region VII	

  
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**Weightlifting**

**62 KG MEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	PACALDO, Dave Lloyd	Region VII	Gold
2	SORIANO, Carlo	Region IX	Silver
3	GLIFONEA, Macky	Region VII	Bronze
4	SIDAYAO, Mark Edward	CAR	

**62 KG MEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	SORIANO, Carlo	Region IX	Gold
2	PACALDO, Dave Lloyd	Region VII	Silver
3	GLIFONEA, Macky	Region VII	Bronze
4	SIDAYAO, Mark Edward	CAR	

**62 KG MEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	PACALDO, Dave Lloyd	Region VII	Gold
2	SORIANO, Carlo	Region IX	Silver
3	GLIFONEA, Macky	Region VII	Bronze
4	SIDAYAO, Mark Edward	CAR	

**69KG MEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	PEREZ, Elie Jr.	Region VII	Gold
2	MARCOS, Stevenson	CAR	Silver

**69KG MEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	PEREZ, Elie Jr.	Region VII	Gold
2	MARCOS, Stevenson	CAR	Silver

**69KG MEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	PEREZ, Elie Jr.	Region VII	Gold
2	MARCOS, Stevenson	CAR	Silver

  
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**Weightlifting**

**77 KG MEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	BUCOY, John Austine	Region IX	Gold
2	ARBOLERAS, Willard	Region VII	Silver
3	CUMISA, Ephraim	CAR	Bronze

**77 KG MEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	BUCOY, John Austine	Region IX	Gold
2	ARBOLERAS, Willard	Region VII	Silver
3	CUMISA, Ephraim	CAR	Bronze

**77 KG MEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	BUCOY, John Austine	Region IX	Gold
2	ARBOLERAS, Willard	Region VII	Silver
3	CUMISA, Ephraim	CAR	Bronze

**85 KG MEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	LOPEZ, James Michael	VII	Gold
2	GUMAAD, Evander	CAR	Silver
3	OIDI, Joshua	CAR	Bronze

**85 KG MEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	LOPEZ, James Michael	VII	Gold
2	OIDI, Joshua	CAR	Silver
3	GUMAAD, Evander	CAR	Bronze

**85 KG MEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	LOPEZ, James Michael	VII	Gold
2	OIDI, Joshua	CAR	Silver
3	GUMAAD, Evander	CAR	Bronze

  
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**Weightlifting**

**94 KG MEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	ABALA, Kurk Kuffa	VII	Gold
2	PALSI, Evander	CAR	Silver
3	SAGUID, Geron	CAR	Bronze

**94 KG MEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	ABALA, Kurk Kuffa	VII	Gold
2	PALSI, Evander	CAR	Silver
3	SAGUID, Geron	CAR	Bronze

**94 KG MEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	ABALA, Kurk Kuffa	VII	Gold
2	PALSI, Evander	CAR	Silver
3	SAGUID, Geron	CAR	Bronze

**+94 KG MEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	PADILLA, Ramon Jr.	VII	Gold

**+94 KG MEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	PADILLA, Ramon Jr.	VII	Gold

**+94 KG MEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	PADILLA, Ramon Jr.	VII	Gold

  
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**Weightlifting**

**63 KG WOMEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	BAYAGEN, Lovely Chris	CAR	Gold
2	FETALAN, Judyleen	CAR	Silver

**63 KG WOMEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	FETALAN, Judyleen	CAR	Gold
2	BAYAGEN, Lovely Chris	CAR	Silver

**63 KG WOMEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	FETALAN, Judyleen	CAR	Gold
2	BAYAGEN, Lovely Chris	CAR	Silver

**69 KG WOMEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	LAO, Renee Aliana	VII	Gold
2	ANGWANI, Eunice	CAR	Silver
3	MASONG, Shalimar	CAR	Bronze

**69 KG WOMEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	LAO, Renee Aliana	VII	Gold
2	ANGWANI, Eunice	CAR	Silver
3	MASONG, Shalimar	CAR	Bronze

**69 KG WOMEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	LAO, Renee Aliana	VII	Gold
2	ANGWANI, Eunice	CAR	Silver
3	MASONG, Shalimar	CAR	Bronze

  
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**Weightlifting**

**75 KG WOMEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	ISNANI, Essie Jane	IX	Gold

**75 KG WOMEN DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	ISNANI, Essie Jane	IX	Gold

**75 KG WOMEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	ISNANI, Essie Jane	IX	Gold

**90+ KG WOMEN DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	MACROHON, Kristel	IX	Gold

**90+ KG WOMEN DIVISION (CLEAN & JERK)**

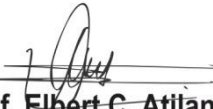
Rank	Name of Athlete	Team	Medal
1	MACROHON, Kristel	IX	Gold

**90+ KG WOMEN DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	MACROHON, Kristel	IX	Gold

  
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**Weightlifting**

**44 KG GIRLS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	LANIT, Ma. Paula	Region VII	Gold

**44 KG GIRLS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	LANIT, Ma. Paula	Region VII	Gold

**44 KG GIRLS DIVISION (TOTAL)**

1	LANIT, Ma. Paula	Region VII	Gold
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**48 KG GIRLS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	POLAN, RJ	Region VII	Gold
2	DOSOL, Jennifer	Region VII	Silver

**48 KG GIRLS DIVISION (CLEAN & JERK)**

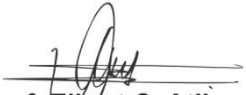
Rank	Name of Athlete	Team	Medal
1	POLAN, RJ	Region VII	Gold
2	DOSOL, Jennifer	Region VII	Silver

**48 KG GIRLS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	POLAN, RJ	Region VII	Gold
2	DOSOL, Jennifer	Region VII	Silver

  
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**Weightlifting**

**46 KG BOYS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	LORETE, Franz Ivan	Region VII	Gold

**46 KG BOYS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	LORETE, Franz Ivan	Region VII	Gold

**46 KG BOYS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	LORETE, Franz Ivan	Region VII	Gold

**50 KG BOYS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	LORETE, Justin Luke	Region VII	Gold

**50 KG BOYS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	LORETE, Justin Luke	Region VII	Gold

**50 KG BOYS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	LORETE, Justin Luke	Region VII	Gold

**56 KG BOYS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	PEREZ, Edrian John	Region VII	Gold
2	COLONIA, Nelgreg	Region IX	Silver

**56 KG BOYS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	PEREZ, Edrian John	Region VII	Gold
2	COLONIA, Nelgreg	Region IX	Silver

  
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**Weightlifting**

**56 KG BOYS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	PEREZ, Edrian John	Region VII	Gold
2	COLONIA, Nelgreg	Region IX	Silver

**62 KG BOYS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	PEREZ, Kid	Region VII	Gold
2	BLANCO, Adrian Paul	Region VII	Silver

**62 KG BOYS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	PEREZ, Kid	Region VII	Gold
2	BLANCO, Adrian Paul	Region VII	Silver

**62 KG BOYS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	PEREZ, Kid	Region VII	Gold
2	BLANCO, Adrian Paul	Region VII	Silver

**53 KG GIRLS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	DARO, Sainty Fe	Region VII	Gold
2	MATIG-A, Ma. Angelie	Region VII	Silver

**53 KG GIRLS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	DARO, Sainty Fe	Region VII	Gold
2	MATIG-A, Ma. Angelie	Region VII	Silver

**53 KG GIRLS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	DARO, Sainty Fe	Region VII	Gold
2	MATIG-A, Ma. Angelie	Region VII	Silver

  
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**Weightlifting**

**58 KG GIRLS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	KARAAN, Vanessa	Region VII	Gold

**58 KG GIRLS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	KARAAN, Vanessa	Region VII	Gold

**58 KG GIRLS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	KARAAN, Vanessa	Region VII	Gold

**63 KG GIRLS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	PATALINGHUG, Abigail Nina	VII	Gold

**63 KG GIRLS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	PATALINGHUG, Abigail Nina	VII	Gold

**63 KG GIRLS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	PATALINGHUG, Abigail Nina	VII	Gold

  
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**Weightlifting**

**69 KG BOYS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	TARRO, Lemon Denmark	Region IX	Gold
2	INTAL, Francis Nino	Region VII	Silver

**69 KG BOYS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	TARRO, Lemon Denmark	Region IX	Gold
2	INTAL, Francis Nino	Region VII	Silver

**69 KG BOYS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	TARRO, Lemon Denmark	Region IX	Gold
2	INTAL, Francis Nino	Region VII	Silver

**85 KG BOYS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	TABIQUE, Dexter	VII	Gold

**85 KG BOYS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	TABIQUE, Dexter	VII	Gold

**85 KG BOYS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	TABIQUE, Dexter	VII	Gold

  
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**Weightlifting**

**+63 KG GIRLS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	SARNO, Vanessa	VII	Gold
2	CALINA, MJ	IX	Silver

**+63 KG GIRLS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	SARNO, Vanessa	VII	Gold
2	CALINA, MJ	IX	Silver

**+63 KG GIRLS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	SARNO, Vanessa	VII	Gold
2	CALINA, MJ	IX	Silver

**+85 KG BOYS DIVISION (SNATCH)**

Rank	Name of Athlete	Team	Medal
1	ENRIQUEZ, Clyde Kent	IX	Gold
2	ADAPTAR, Jess Garon	VII	Silver

**+85 KG BOYS DIVISION (CLEAN & JERK)**

Rank	Name of Athlete	Team	Medal
1	ENRIQUEZ, Clyde Kent	IX	Gold
2	ADAPTAR, Jess Garon	VII	Silver

**+85 KG BOYS DIVISION (TOTAL)**

Rank	Name of Athlete	Team	Medal
1	ENRIQUEZ, Clyde Kent	IX	Gold
2	ADAPTAR, Jess Garon	VII	Silver

  
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