



SENIOR

TAEKWONDO

POOMSAE (INDIVIDUAL MEN) CATHEGORY A

Rank	Name of Athlete	Team	Medal
1	GANTALAO, GRAICO	REGION VI	Gold
2	ABRIO, ALDREIN	REGION VII	Silver
3	TAMBULIAN, REY	REGION XI	Bronze

POOMSAE (INDIVIDUAL MEN) CATHEGORY B

Rank	Name of Athlete	Team	Medal
1	DIASNES, ALFIE	REGION VI	Gold
2	TAYONGTONG, BRYAN	REGION XI	Silver
3	HERMOSA, SCOTT MICHAEL	REGION VII	Bronze

POOMSAE (INDIVIDUAL WOMEN) CATEGORY A

Rank	Name of Athlete	Team	Medal
1	CALAMBA, AMIKAELA	REGION VII	Gold
2	ANZANO, SHEMIAH	REGION VI	Silver
3	RABISULA, JEREMEI	CAR	Bronze

POOMSAE (INDIVIDUAL WOMEN) CATEGORY B

Rank	Name of Athlete	Team	Medal
1	GAVIOLA, GLADYS MARIE	REGION X	Gold
2	LAIGO, VERONICA	CAR	Silver
3	FEROLIN, JIOANNE	REGION VI	Bronze

POOMSAE (MIXED PAIR)

Rank	Name of Athlete	Team	Medal
1	ABRIO, ALDREIN / CALAMBA, MIKAELA	REGION VII	Gold
2	GONZALES, JAME / LOMBOY, JELLY	REGION XI	Silver
3	AGUIRRE, ZACHARY / ANZO, SHEMIAH	REGION VI	Bronze


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POOMSAE (TEAM MEN)

Rank	Name of Athlete	Team	Medal
1	GANTALO, DEACO/ DIASNES, ALFIE / AGUIRRE, ZACHARY	REGION VI	Gold
2	SUGALA, RUPERT DAVE / DIAZ, JONYX / RASAOT, EARNEST	REGION XII	Silver
3	TAYONGTONG, BRYAN / TAMBULIAN, REY / GONZALES, JAMES MATTHEW	REGION XI	Bronze

POOMSAE (TEAM WOMEN)

Rank	Name of Athlete	Team	Medal
1	MACANA, HONEY QUEEN/GAVIOLA, GLADYS MARIE/OVALO, ALEXIS ERICA	REGION X	Gold
2	BANO, NEIRESE/JELLY LOMBOY/ BLANCO ALTHEA	REGION XI	Silver
3	BAROMAN, RAZELLE DAVID/ADTOON, PRECIOUS/TENECIO, ERIC	REGION XII	Bronze


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FIN WEIGHT (MEN)

Rank	Name of Athlete	Team	Medal
1	BAYAWAN, WHINNY	CAR	Gold
2	RECABAR, JIEBEN	REGION VI	Silver
3	OLAGUERA, NORBERT	REGION V	Bronze
3	RAMA, WARREN	REGION VII	Bronze

FLY WEIGHT (MEN)

Rank	Name of Athlete	Team	Medal
1	HORLADOR, ADRIANO III	REGION VI	Gold
2	LABISTE, CHARLES	REGION VII	Silver
3	CAWIT, LAURENCE	REGION XII	Bronze
3	OXINA, JULIUS	REGION IV-A	Bronze

BANTAM WEIGHT (MEN)

Rank	Name of Athlete	Team	Medal
1	PAHUWAYAN, ROMEL	REGION XII	Gold
2	ESTRADA, SAL LOUIS	REGION VII	Silver
3	WAHEED, MOHAMMAD	REGION IV-A	Bronze
3	CALIAO, CGERIAN	REGION XI	Bronze

FEATHER WEIGHT (MEN)

Rank	Name of Athlete	Team	Medal
1	MANIPOL, MARKLYNN JAY	REGION XII	Gold
2	DUEÑAS, FREDERICO MICO	REGION III	Silver
3	STA. ANA, JAMES PHILIP	REGION V	Bronze
3	DELGADO, JOHN	CARAGA	Bronze

LIGHT WEIGHT (MEN)

Rank	Name of Athlete	Team	Medal
1	MENCIO, TROY JR.	CAR	Gold
2	TATAD, AIMAR	REGION XI	Silver
3	CARO, JOHN ERIC	REGION XII	Bronze
3	MAGNAYE, BRYLE REYNIELLE	REGION IV-A	Bronze

WELTER WEIGHT (MEN)

Rank	Name of Athlete	Team	Medal
1	ONATO, JOEBERT	REGION XI	Gold
2	MISA, ALFRED JOSEPH	REGION III	Silver
3	GANCERO, CLARENCE JOTHAM	REGION VI	Bronze
3	BASANG, ANTHONY	CAR	Bronze


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MIDDLE WEIGHT (MEN)

Rank	Name of Athlete	Team	Medal
1	CASAÑA, JAN MICHAEL	REGION VI	Gold
2	SATOR, DOMINIC	REGION VII	Silver
3	SACAY, CLARK JAYSON	REGION XI	Bronze
3	DIAZ, AZUR	REGION III	Bronze

HEAVY WEIGHT(MEN)

Rank	Name of Athlete	Team	Medal
1	STA. ANA, JASON PAOLO	REGION V	Gold
2	ANTONIO, NOEL JOSEPH	REGIO XII	Silver
3	SEDILLO, SPENCER	REGION VII	Bronze
3	SORIA, KEITH	REGION XI	Bronze


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FIN WEIGHT (WOMEN)

Rank	Name of Athlete	Team	Medal
1	DABON, ELAINE	REGION XI	Gold
2	DOCE, SEAN KRISTINE	REGION VI	Silver
3	MENDOZA, ALLYSA MAE	REGION V	Bronze
3	GANIBAN, JANESSA	REGION I	Bronze

FLY WEIGHT (WOMEN)

Rank	Name of Athlete	Team	Medal
1	LIMORAN, VIERRA	REGION XI	Gold
2	BARRO, KISSHA	REGION VII	Silver
3	DUDAY, KAYE	CAR	Bronze
3	JANILLO, JHALYN	REGION IV-A	Bronze

BANTAM WEIGHT (WOMEN)

Rank	Name of Athlete	Team	Medal
1	DEVERO, MARIA MELISA	REGION III	Gold
2	MARULONG, YASMIN MAY	REGION VII	Silver
3	ORTEGA, MA. JESSA	REGION VI	Bronze
3	LANIOG, JESSICA	REGION V	Bronze

FEATHER WEIGHT (WOMEN)

Rank	Name of Athlete	Team	Medal
1	VIDALLON, CARA NICOLE	REGION VI	Gold
2	CORAN, MAYN	REGION VII	Silver
3	BERSOBE, ALEXIS	REGION V	Bronze
3	LITONJUA, CHRISTINE	REGION II	Bronze

LIGHT WEIGHT (WOMEN)

Rank	Name of Athlete	Team	Medal
1	VILLACARLOS, ELLEN	REGION VII	Gold
2	ELEN, LESLIE MAE	REGION V	Silver
3	CAMELLO, DAISYRIE	REGION XI	Bronze
3	LUZANO, ALLELI	REGION III	Bronze


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WELTER WEIGHT (WOMEN)

Rank	Name of Athlete	Team	Medal
1	DELFIN, MARIA LEA	REGION IV-A	Gold
2	ACHAWON, CHARLYNNE	CAR	Silver
3	ANG, JESSA NIÑA	REGION XI	Bronze
3	MISSION, MICAH ANNE	REGION VII	Bronze

MIDDLE WEIGHT (WOMEN)

Rank	Name of Athlete	Team	Medal
1	JESURO, SHYLA	REGION XI	Gold
2	AMORIN, PRINCESS	REGION X	Silver
3	ALBINA, JEAN ELLENEL	REGION IV-A	Bronze
3	OBEIDAT, IMAN	REGION III	Bronze

HEAVY WEIGHT (WOMEN)

Rank	Name of Athlete	Team	Medal
1	LIZARDO, SAMRA GRACE	REGION VI	Gold
2	PALOR, ADARIE	CAR	Silver
3	WABE, CHIERICA JOY	REGION X	Bronze
3	LABANI, PRINCESS RUBY MAE	REGION XI	Bronze


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YOUTH

TAEKWONDO

POOMSAE (INDIVIDUAL BOYS) CATHEGORY A

Rank	Name of Athlete	Team	Medal
1	RODRIGUEZ, PAUL ANTHONY	REGION XII	Gold
2	AUSTRIA, EMMANUEL CHRISTOPHER	REGION V	Silver
3	CORTEZ, KURT	CAR	Bronze

POOMSAE(INDIVIDUAL BOYS) CATHEGORY B

Rank	Name of Athlete	Team	Medal
1	RAHMAHI, RESA JR.	CAR	Gold
2	PALONPON, JOHN PATRICK	REGION VI	Silver
3	SUGALA, PRICE RUPERT	REGION XII	Bronze

POOMSAE (INDIVIDUAL GIRLS) CATEGORY A

Rank	Name of Athlete	Team	Medal
1	AGALOOS, JAMIE HANNA	REGION VI	Gold
2	CORTEZ, KHIA MAE	CAR	Silver
3	TIMBAL, JOIE GERALDINE	REGION XI	Bronze

POOMSAE(INDIVIDUAL GIRLS)CATEGORY B

Rank	Name of Athlete	Team	Medal
1	DIASNES, CINDY JOY	REGION VI	Gold
2	TUMLAYEN, JESSA	CAR	Silver
3	MORENO, MAY	REGION XI	Bronze

POOMSAE (MIXED PAIR)

Rank	Name of Athlete	Team	Medal
1	INACAY, GABRIEL / RIVERA, XAPHRINE	CAR	Gold
2	BORNAZAL, KEAN RYTH/TUNGALA, SOPHIA MARIE	REGION VI	Silver
3	LIMPIN, EZEKIEL / SAULON MARGARET VILL	REGION XII	Bronze

POOMSAE (TEAM BOYS)


Rank	Name of Athlete	Team	Medal
1	CORTEZ, KURT / RAHMANI, REZA/INACAY, GABRIEL	CAR	Gold
2	LIMPIN, EZEKIEL/ RODRIGUEZ, PAUL / SUGALA, PRINCE	REGION XII	Silver
3	DECAFE, ROYVIC/BORNAZAL, KEAN / PALOMPON, JOHN PATRICK	REGION VI	Bronze

POOMSAE (TEAM GIRLS)

Rank	Name of Athlete	Team	Medal
1	AGALOOS, JAMMIEHANNAH/TUNGALA, SOPHIA/ DIASNES, CINDY	REGION VI	Gold
2	CORTEZ, KHIA/ TUMLAYEN, JESSA/RIVERA, XAPHRINE	CAR	Silver
3	BAQUIAL, ALIYAH/LIM, JEDIDAH REIH/SAULON, MARGARET	REGION XII	Bronze


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TAEKWONDO

FIN WEIGHT (BOYS)

Rank	Name of Athlete	Team	Medal
1	YADAO, ARIAN PAUL	CAR	Gold
2	URGEL, XANDER	REGION XI	Silver
3	SAN JUAN, AXEL WINSTON	REGION V	Bronze
3	OPAO, CHRISTIAN BENEDICT	REGION XII	Bronze

FLY WEIGHT (BOYS)

Rank	Name of Athlete	Team	Medal
1	DALIDA, JHYRALD ANTHONY	REGION XII	Gold
2	MANTINOLA, JEFF BENEDICT	REGION XI	Silver
3	BARRIOS, RYNNE DAVEN	CAR	Bronze
3	TAM, LEMUEL JAY	REGION V	Bronze

BANTAM WEIGHT (BOYS)

Rank	Name of Athlete	Team	Medal
1	SALES, STEPEN TIMOTHY	CAR	Gold
2	BERSABAL, JUSTIN	REGION V	Silver
3	SULTAN, VICTOR PAUL	REGION XII	Bronze
3	NAVIDAD, RAOZ JUSTIN	REGION XI	Bronze

FEATHER WEIGHT (BOYS)

Rank	Name of Athlete	Team	Medal
1	GARCIA, JERWIN	REGION XI	Gold
2	GRECIA, JOSHUA	REGION VI	Silver
3	GARCIA, GEORGE	CAR	Bronze
3	PONCE, RALPH JOHN	REGION XII	Bronze

LIGHT WEIGHT (BOYS)

Rank	Name of Athlete	Team	Medal
1	OGOY, ALEXANDER	CAR	Gold
2	BESMONTE, DON BENITO	REGION V	Silver
3	CO, PIERCE ALWIN	REGION IV-A	Bronze
3	TACADAO, ROLINDO JR.	REGION XII	Bronze


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WELTER WEIGHT(BOYS)

Rank	Name of Athlete	Team	Medal
1	WAGTINGAN, ARWYN	CAR	Gold
2	NOMO, JOHN REX	REGION V	Silver
3	ROSARIO, ALLAN JR.	REGION II	Bronze
3	ESPINA, RJ	REGION IV-A	Bronze

LIGHT MIDDLE WEIGHT (BOYS)

Rank	Name of Athlete	Team	Medal
1	PEROCHO, JADE ALLEN	REGION X	Gold
2	ALARKON, KEVIN	REGION V	Silver
3	SANTIAGO, EDUARD KURT	CAR	Bronze
3	LAT, MARK ALEXANDER	REGION IV-A	Bronze

MIDDLE WEIGHT (BOYS)

Rank	Name of Athlete	Team	Medal
1	VILLARON, JV ANTHONY	REGION VI	Gold
2	VILLAMORA, JOHN	REGION V	Silver
3	VILLAPANDO, ZAKI RAY	REGION IV-A	Bronze
3	LAVADOR, FRANCE	REGION XII	Bronze

LIGHT HEAVY WEIGHT (BOYS)

Rank	Name of Athlete	Team	Medal
1	MORATA, JHED ANTHONY	REGION VI	Gold
2	TOLETINO, JAVE KYLE	REGION XI	Silver
3	SELDRES, JOHN CARLO	REGION IV-A	Bronze
3	VILLAMENTE, JUREY	REGION X	Bronze

HEAVY WEIGHT (BOYS)

Rank	Name of Athlete	Team	Medal
1	CADAVEDO, JULIO	REGION X	Gold
2	GERMAN, ZHACK	REGION XI	Silver
3	ALDOVINO, RHEY MARC	REGION IV-A	Bronze
3	MARASIGAN, LAWRENCE	REGION V	Bronze


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TAEKWONDO

FIN WEIGHT (GIRLS)

Rank	Name of Athlete	Team	Medal
1	RAMON, LEI	CAR	Gold
2	BAJA, STEPANI	REGION X	Silver
3	SIBOC, SAMANTHA	REGION IV-A	Bronze
3	BERMEJO, ANGELA	REGION VI	Bronze

FLY WEIGHT (GIRLS)

Rank	Name of Athlete	Team	Medal
1	ARGUELLES, FAITH	REGION VI	Gold
2	LIWANAG, MA. JULIANA	REGION IV-A	Silver
3	OLARTE, FRANCINE	REGION X	Bronze
3	CAMPUS, HONNIEZEL	REGION II	Bronze

BANTAM WEIGHT (GIRLS)

Rank	Name of Athlete	Team	Medal
1	MACLA, MEGAN	REGION XI	Gold
2	SOTOMIL, ESTRELARYNE	REGION VI	Silver
3	RAMON, RAIN	CAR	Bronze
3	CRISTOBAL, RYANA	REGION II	Bronze

FEATHER WEIGHT (GIRLS)

Rank	Name of Athlete	Team	Medal
1	MANSUETO, CHENALEEN	REGION XII	Gold
2	INIGUEZ, KRYSTEL	REGION XI	Silver
3	FABROS, RAIN	CAR	Bronze
3	AMORANTE, CHARLEMAGNE	REGION IV-A	Bronze

LIGHT WEIGHT (GIRLS)

Rank	Name of Athlete	Team	Medal
1	ONATO, TRECIA MAE	REGION XI	Gold
2	LORBES, ANGLE	REGION IV-A	Silver
3	QUESADA, TIONNA ALTHEA	REGION XII	Bronze
3	QUINTO, BERNADETTE	CAR	Bronze

WELTER WEIGHT(GIRLS)

Rank	Name of Athlete	Team	Medal
1	LIPORADA, AEZRA	CAR	Gold
2	DATAGO, NICOLE	REGION XII	Silver
3	DACULA, RELYN	REGION XI	Bronze
3	POSADA, SOFIA	REGION V	Bronze


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LIGHT MIDDLE WEIGHT(GIRLS)

Rank	Name of Athlete	Team	Medal
1	CALAYCAY, KAMILLE	CAR	Gold
2	MAMARIL, KATRINA	REGION VI	Silver
3	CANARIA, REINNE	REGION IV-A	Bronze
3	DURADO, DAISYRIE	REGION XI	Bronze

MIDDLE WEIGHT (GIRLS)

Rank	Name of Athlete	Team	Medal
1	ANTONIO, PAIGE ELISHA	CAR	Gold
2	GASCON, KRISTINE	REGION XI	Silver
3	MOSQUERA, GERALDINE	REGION VI	Bronze
3			Bronze

LIGHT HEAVY WEIGHT (GIRLS)

Rank	Name of Athlete	Team	Medal
1	YAOTO, VEYA	REGION XI	Gold
2	EUSALAN, ALLYAH	REGION VI	Silver
3	MAGBOO, ELMA MAUREEN	REGION IV-A	Bronze

HEAVY WEIGHT(GIRLS)

Rank	Name of Athlete	Team	Medal
1	CAYETANO, ISABELA	REGION V	Gold
2	ESTERES, ALLYSSA	REGION IV-B	Silver
3	CUARES, BIANCA	REGION X	Bronze


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